

2017 Fall Mini-Retreat Series Spirituality for Everyday Living



Sacred Hearts Retreat Center
226 Great Neck Road, Wareham, MA 02571
508-295-0100

Time: 9:30 AM to 12:30 PM on the second Wednesday of the month - with the exception of October.
Cost: \$25 (\$30 October 4th) All are welcome!

Facilitator: Peggy Patenaude, MA. Founder of "Taking Time Out"



Peggy has worked in education, pastoral ministry and spirituality for over 45 years. To learn more about Peggy and her programs, visit www.timeoutretreats.com.

Registration: In order to prepare seating and materials, please pre-register at least two days in advance by contacting Peggy at 508-548-9149 or timeoutretreats@comcast.net.

September 13: *Life Is Good!*

God desires our happiness. Life may be difficult, but joy and pain can co-exist. In spite of tough times, we can choose joy; for joy is an inside job. Regardless of circumstances, life can still be good.

October 4: *Spirituality in Song ~ A Very Special Event*

StoweGood, an international touring duo based in Nashville, TN comprised of singer-songwriters Karen Taylor-Good and Stowe Dailey, will lead this mini-retreat through song and storytelling. These amazing women have not only beautiful voices, but also lyrics that have the power to touch one's soul. The morning promises to be uplifting, meaningful, deeply moving... *and stowe good!*

November 8: *The Pilgrimage of Life*

As the Pilgrims of 1620 sought a new life in America, we too are seekers on our journey through life. If we are to travel well, our pilgrimage will require much strength, courage and trust. The manner in which we make this pilgrimage makes all the difference.

December 13: *An Incredible Love Story*

Christmas is an incredible love story – a story of God's extravagant love for each of us. Acceptance of God's love can actually transform our lives. Advent is a good time to step back and allow the power of this story to penetrate our hearts.

What others say about the mini-retreats . . .

- ~ All of the retreats have been wonderful – the music, the readings, all that has been presented.
- ~ Every retreat I have looked forward to and have left feeling relaxed and taking something away with me. Thanks so much.
- ~ What a wonderful breath of fresh air!
- ~ The mini-retreats have been a highlight of my first year of retirement!
- ~ Enjoyable, uplifting, renewing, refreshing, awesome! Absolutely life-giving!



"Spirituality in Song"

Featuring Stowe Dailey & Karen Taylor-Good

www.StoweGood.com



Wednesday, October 4, 2017
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StoweGood is an international touring duo based in Nashville, TN and comprised of Grammy-nominated songwriter Karen Taylor-Good and award-winning author Stowe Dailey. These two authors/singer-songwriters enhance their keynote presentations, concerts, and workshops with a unique speaking style and powerful songs, which never fail to inspire, motivate and uplift their audiences.

I have used many of their pieces on my retreats, such as, "How Adored You Are," "Peace Is All I Know," "Beautiful Brokenness," to name a few. Stowe's and Karen's personal faith and life experiences make their music very meaningful and soul-filled. They truly are "stowe good!"

I could not be happier to welcome them to Sacred Hearts as part of my monthly "Spirituality for Everyday Living Series" to lead their own mini-retreat through music and story. I do hope you take advantage of this special opportunity. ~ Peggy Patenaude

Time: Coffee and registration at 9:30 AM followed by StoweGood 10:00 AM - 12:30 PM

Fee: \$30 (payable on October 4th)

Pre-Registration Required

Contact Peggy at timeoutretreats@comcast.net or call her at 508-548-9149.

Limited Seating. Don't postpone!



Stowe and Karen stayed at my home last fall after performing in Hyannis. It was a privilege to host and get to know them! This picture was taken after Karen (right) got back from quahogging with my husband. It was a very exciting "first" for her and she looks forward to doing it again this October!